Endocannabinoid System Participates in Neuron-Glial Networks Adaptation to Modeled Ischemia Factors in vitro

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The aim of the study was to evaluate the role of a cannabinoid receptor agonist and blockers of key enzymes of endocannabinoid biodegradation in the adaptation of neuron-glial networks to ischemia factors influence.

Materials and Methods. Dissociated hippocampal cells obtained from C57BL/6 murine embryos on the 18th day of gestation were cultivated as primary cultures. Two major factors of ischemia — hypoxia and glucose deprivation — were modeled on day 14 of culture development in vitro. Synthetic endocannabinoid N-arachidonoyl dopamine (NADA) at concentration of 10 μM, irreversible inhibitor of monoacylglycerol lipase JZL184 (1 μM) and inhibitor of two key enzymes of endocannabinoid biodegradation JZL195 (1 μM) were added into the culture medium at the beginning of ischemia factors modeling or immediately after it. The cell viability was assessed on days 1, 3, and 7 after the influence of ischemia factors. On day 7, the spontaneous calcium activity in primary hippocampal cells was analyzed using the multicellular functional calcium imaging. To reveal the molecular neuroprotective mechanisms of the tested compounds, expression of mRNA CB$_1$R receptor and mRNA hypoxia-inducible factor HIF-1α were measured using fluorescent mRNA detection probes (Smart Flare Merck, Germany).

Results. Application of NADA (the agonist of the cannabinoid type 1 and 2 receptors) or JZL195 (the MAGL/FAAH enzymes blocker) into the culture medium has been found to have a neuroprotective effect manifesting itself in a consistent cell death decrease compared with the control cultures. In addition, activation of the endocannabinoid system partially neutralizes the changes induced by hypoxia and glucose deprivation in vitro: the spontaneous calcium activity was detected in a greater number of cells (vs the control group), and the duration and frequency of calcium oscillations were partially normalized.

It was also found that NADA application during hypoxia significantly increased the type 1 cannabinoid receptors expression. When NADA and JZL195 were added the expression level of mRNA HIF-1α factor did not differ from that of the intact cultures.

Conclusion. The synthetic endocannabinoid NADA and the enzyme blocker JZL195 have a pronounced neuroprotective effect on the
One of the promising areas of modern neuroscience is the search of compounds with a neuroprotective potential, capable of supporting the activity of brain neural networks, as well as the cognitive and mnemonic functions after an ischemic injury, and thus improving the adaptive resources of the human organism.

Over the past two decades, evidence has emerged that the endogenous regulatory systems play an important role in ensuring the resistance of nervous cells to various damaging factors [1–4]. Of great interest is the neuroprotective potential of substances able to modulate the endocannabinoid system (ECS). This system includes the endogenous ligands of cannabinoid receptors as well as the receptors themselves; those are located on the cell membrane and represented primarily by cannabinoid receptors types 1 and 2 (CB₁R and CB₂R). The enzymes participating in the biosynthesis and inactivation of endogenous ligands are also considered as a part of the ECS [5, 6].

The ECS is a regulating system that modulates various physiological processes in the organism. One of its key functions is the regulation of synaptic transmission, as well as the regulation of eating and emotional behavior, sensitivity to pain, etc. The ECS plays an important role in other functions, regulating, for example, the activity of the immune system. The cannabinoid receptors, ligands and the enzymes of endocannabinoid biodegradation — monoacylglycerol lipase (MAGL) and fatty acid amide hydrolase (FAAH) — were found in all parts of the nervous system [7].

The neuroprotective effects of ECS components have been demonstrated in various models of diseases and brain and the spinal cord injuries, as shown for ligands of the cannabinoid receptors [4, 6, 8–14], for inhibitors of the endocannabinoids inactivation, and for allosteric modulators of the ECS enzymes [15–20]. Over the past decade, the role of ECS in the homeostatic mechanisms, protecting the nervous system against injuries and other stress factors has been confirmed [4, 6]. In neurodegenerative diseases, cannabinoids reduce the damage to nerve tissue by providing antioxidant, anti-inflammatory and anti-toxic protection. This combined effect on a variety pathogenetic molecular cascades makes the ECS superior among others neuroprotective compounds, which act only on a single mechanism of the ischemic damage, for example, the NMDA receptor blockers.

It is obvious that the pathogenesis of most neurodegenerative disorders and other CNS diseases is the combination of various pathogenetic cascades, therefore a reliable strategy for preserving the functional activity of neurons requires a complex of protective effects on all or most of these molecular cascades. Various types of cannabinoid receptors present in all key cells of the nervous system (neurons, astrocytes, resting and reactive microglia, oligodendrocytes and progenitor cells of oligodendrocytes, as well as neuronal precursors) in all brain structures [6, 21]. Therefore, by using ECS it is possible to simultaneously reduce the excitotoxicity by activating cannabinoid receptors type 1 located on neurons (CB₁R), to reduce the negative effects of reactive microglisis by acting through the microglial cannabinoid receptors type 2 (CB₂R), and to enhance the trophic and metabolic support of neurons affected by ischemia, realizing through the astrocytic receptors CB₁R or CB₂R (Figure 1).

It should be noted that the cannabinoid effects can be implemented through the mechanisms not associated with cannabinoid receptors or enzymes but activating transcription factors (eg, Nrf-2 and NFkB) or nuclear receptors activated by the peroxisome proliferator-activated receptors (PPAR) for limitation of oxidative stress and inflammatory reactions [6, 22]. Currently, the most elaborated way to activate ECS is the introduction of synthetic analogues of endogenous cannabinoids. Another method of activating ECS is the use of agents inhibiting the enzymes of endocannabinoid biodegradation (MAGL and FAAH) and increasing the concentration of endogenously synthesized cannabinoids in tissues. This method albeit promising is not sufficiently explored. Carloni et al. [16] showed that the use of the MAGL inhibitor reduces the apoptotic and necrotic death of brain cells in experimental animals with perinatal hypoxia. The neuroprotective effect of the MAGL inhibitor JZL184 was found in the model of Alzheimer’s disease in ApdE9 mice [15]. The protective effect was demonstrated with the FAAH blockers in the model of Parkinson’s disease [18].

Thus, the research into the ways of activating the ECS using optimal approaches that can protect nervous cells from biological damage, including the ischemic one, is highly relevant. The aim of the study was to evaluate the role of a cannabinoid receptor agonist and blockers of key enzymes of endocannabinoid biodegradation in the adaptation of neuronal-glial networks to ischemia factors influence.
Materials and Methods

**Primary hippocampal cultures.** Dissociated hippocampal cells obtained from C57BL/6 murine embryos on day 18 of gestation were used for the primary cultures. The basic rules for the maintenance and care of experimental animals were in accordance with the standards specified in Order No.267 of the Ministry of Healthcare of the Russian Federation of June 19, 2003 “On Approval of the Rules of Laboratory Practice in the Russian Federation”. Enzymatic dissociation of embryonic hippocampal cells was carried out by the treatment with 0.25% trypsin solution (Gibco, USA). Primary cell cultures were maintained in the Neurobasal medium (Thermo Fisher Scientific, USA) supplemented with the B27 bioactive additive (Thermo Fisher Scientific, USA), L-glutamine (Thermo Fisher Scientific, USA), and fetal bovine serum (PanEco, Russia) for 21 days on coverslips pre-treated with polyethyleneimine (Sigma-Aldrich, Germany) to increase cell adhesion to the surface, as described in the previously developed protocol [23, 24]. The initial density of cells in culture was 9,000 cells/mm². The cultures were cultured in a cell culture incubator (MCO-18AIC, Sanyo, Japan) at 35.5°C and 5% CO₂.

**Hypoxia model.** The experiment was conducted on day 14 of culture development by replacing the regular medium with a low oxygen medium for 10 min. Oxygen was removed by saturating the culture medium with argon. The experiment was carried out in a sealed chamber where the air was also replaced with argon. One of the tested compounds: the synthetic endocannabinoid, the CB₁, CB₂, and TRPV1 receptor agonist NADA (N-arachidonoyl dopamine) — 10 μM; the irreversible MAGL inhibitor JZL184 (4-nitrophenyl-4-[bis(1, 3-benzodioxol-5-yl)(hydroxy)methyl]piperidine-1-carboxylate) — 1 μM; the inhibitor of both key endocannabinoid biodegradation enzymes, FAAH and MAGL, JZL195 (4-nitrophenyl)-4-(3-phenoxyphenyl)
methyl]piperazine-1-carboxylic acid) — 1 μM was added into culture medium (either in hypoxic conditions and after reoxygenation) as shown in Figure 2.

Glucose deprivation model was performed on day 14 of culture development by replacing the standard culture medium with a medium that contained no glucose, lactate or pyruvate, for 2 h. After this period, the medium was replaced with the regular one. The addition of the tested compounds was carried out in the same way as in the hypoxia model.

Evaluation of cell viability. The cell viability in the dissociated hippocampal culture was assessed on days 1, 3, and 7 after modeling hypoxia or glucose deprivation. The number of cell nuclei stained by propidium iodide (81845-25MG; Sigma, USA) reflected the number of dead cells, and the nuclei stained by bis-benzimide (14530-100MG; Sigma, USA) reported on the total cell count. Accordingly, the cell death rate was quantified as the ratio (%) of the propidium iodide positive to the bis-benzimide positive cells [24].

Functional calcium imaging. To study the metabolic activity of cells in the primary hippocampal cultures, we used the method of calcium imaging that allows monitoring of cytoplasmic calcium, which reflects the functional architecture of neural networks. The primary hippocampal cells are characterized by a spontaneous periodic increase in the concentration of Ca$^{2+}$ ions in the cytoplasm, which is due to the activation of ion channels on the postsynaptic membrane. After entering the cytoplasm, calcium readily binds to the cellular calcium-binding system. Such calcium activity can be studied using ion-sensitive fluorescent probes [25].

The specific calcium dye OregonGreen 488 BAPTA-1 AM (OGB1) (Thermo Fisher Scientific, USA) was used as a fluorescent probe. Staining was performed according to the standard protocol [26]. To monitor the fluorescence, a laser scanning microscope LSM 510 NLO (Carl Zeiss, Germany) was used. The temporal series of fluorescent images were recorded. The fluorescence of the OGB1 dye was excited by a 488-nm argon laser, and the signal was recorded using a filter with a band of 500–530 nm. We analyzed changes in the fluorescence signal (arbitrary units) from the microscopic field where the selected cell was located. Detection and analysis of calcium oscillations were conducted using the original software package “Astroscanner” (the certificate of state registration of the computer program No.20114662670). We then operated with the function $F(t)$, i.e. the mean fluorescence intensity in the selected microscopic field over the time of observation. The following parameters were taken into account: the duration (s), the frequency (number of calcium events per minute), and the percentage of cells in the culture exhibited calcium activity [26].

Intravital mRNA detection. For the mRNA intravital detection, the RNA-detection probes SmartFlare (Merck, Germany) were used. This method allows measuring the level of mRNA expression in live and functioning cells. The mRNA detection probes are absorbed by living cells via natural endocytosis. These probes enter the cell and bind to the complementary target RNA sequences. After that, the fluorophore is released and can be detected by fluorescence microscopy [27]. The RNA probes were added into the culture medium after hypoxia modeling on day 14 of culture development in vitro.

To study the molecular mechanisms of the neuroprotective effects induced by the activation of the ECS we studied the expression of mRNA CB$_{1}$ receptor and the hypoxia-inducible factor HIF-1α. To determine the level of nonspecific staining and the technical aspects of the RNA detection assay, we used the following controls: the negative control (Scramble) (Merck, Germany) — the RNA probe with no homology to any nucleotide sequences in biological cells — that allowed us to determine the background fluorescence caused by a nonspecific release of fluorescent strands; the positive control (Uptake) (Merck, Germany) — the RNA probe, which always fluoresces inside the cell and allows quantifying the RNA probes absorbed by the cell; the control for the housekeeping genes (Merck, Germany), it is a positive control for the detection of mRNA and is always active in cells (it detects the mRNA of the 18S ribosome subunit). A confocal laser-scanning microscope (LSM 510; Carl Zeiss, Germany) was used to detect the fluorescence.

Statistical analysis. The obtained data are presented as the mean ± standard error of the mean (SEM). The significance of the differences between the

**Figure 2.** Schematic representation of spontaneous bioelectrical activity in primary hippocampal cultures at different stages of their development in vitro:
(a) after hypoxia; (b) after glucose deprivation (GD)
Experimental investigations was determined using the ANOVA package in SigmaPlot 11.0 (Systat Software Inc.). Differences were considered statistically significant at p<0.05.

**Results.** At the first stage of this study, the cell viability under the modeled ischemia factors was measured. It was found that both hypoxia and glucose deprivation caused a statistically significant (ANOVA, p<0.05) increase in the number of dead cells in the culture on the first day after treatment. It was also found that the decrease in cell viability continued up to 7 days after exposure. On day 7 after the hypoxia modeling, the percentage of dead cells was 16.64±7.7%.

In the cultures subjected to temporary glucose deprivation, the number of dead cells on day 7 was 3.9 times higher than in the intact cultures (55.0±15.6 vs 14.2±7.7%) (Figure 3).

The addition of the synthetic endocannabinoid NADA (10 μM) prevented the decrease in cell viability all over the observation period (on day 7 after the hypoxia, the percentage of dead cells was 38.4±7.4%, and after the glucose deprivation — 21.6±3.1%).

The endocannabinoid degradation blocker JZL195 (1 μM) increased the cell viability in the ischemia factors models. In hypoxic states, the viability of the “Hypoxia + JZL195” cell cultures did not differ from the intact cultures; the “Hypoxia + JZL195” cell viability was significantly higher (ANOVA, p<0.05) compared to “Hypoxia” group (20.1±2.0%). In the “Glucose deprivation + JZL195” group (on day 7 after the treatment), there was a slight viability decrease which was not statistically different from the intact group (15.1±2.7%).

Interestingly, the use of the MAGL blocker JZL184 (1 μM) in both the hypoxia and the glucose deprivation models adversely affected in cell viability (on day 7 after hypoxia, the addition of JZL184 resulted in 97.3±9.6% of dead cells, and with the glucose deprivation — 98.5±14.6%).

In summary, the addition of the cannabinoid receptor (type 1 and type 2) agonist NADA and the enzyme blocker JZL195 causes a neuroprotective effect, which manifests in a significant decrease in the number of dead cells in comparison with control cultures subjected to ischemia factors (hypoxia and glucose deprivation). Moreover, in the hypoxia model, JZL195 showed a more pronounced neuroprotective effect in comparison with NADA. In contrast to the above substances, the blocker JZL184 did not confer protection and did not improve the cell viability. Therefore, NADA and JZL195 were selected for further studies.

At the next stage, we studied the effects of ECS on the ischemia-induced changes in the spontaneous calcium activity in the primary hippocampal cultures. As for today, there is no doubt that major functions of the nervous system — the processing and transmission of information, the consolidation of
memory, the emotions and the behavioral reactions — are not performed by individual neurons, but by entire neural networks; those are considered the minimal functional unit of the nervous system [28]. Changes in the functional activity of neural networks play a key role in the brain response to stress factors. Following the changes in the calcium concentration in cell allows analyzing the functional metabolic activity of both the neurons and the glial cells [26].

As part of our study, experiments with multicellular calcium imaging were performed. By using this method it is possible to investigate the metabolic activity of individual cells in the neural networks, which are formed in the primary hippocampal cultures. In the intact cultures, spontaneous calcium activity was observed on day 21 of cultures development. The frequency of calcium oscillations in the neural network was 2.2±0.2 per minute, 91.1±3.5% of the cells showed calcium activity (Figure 4 (a), (e)). On day 7 of the post-hypoxic period, a sharp decrease in the spontaneous calcium activity was registered: only 34.0±13.4% of cells showed the activity, whereas the frequency of calcium oscillations decreased up to 0.94±0.21 oscillations per minute (ANOVA, p<0.05). The duration of calcium oscillations changed insignificantly.

The effect of endocannabinoid biodegradation enzymes blocking with JZL195 manifested in the preservation of spontaneous calcium activity. The activity was detected in 79.7±15.5% of cells (see Figure 4 (e)). The frequency of calcium oscillations in the presence of JZL195 decreased in 2.4 times as compared with the intact cultures and amounted to 0.9±0.3 oscillations per minute. The duration of calcium oscillations almost doubled in comparison with the intact cultures (12.8±1.7 and 6.7±1.3 s, respectively, p<0.05, ANOVA).

NADA also showed an anti-hypoxic effect. Spontaneous calcium activity in this experimental group was found in 86.8±7.7% of cells (see Figure 4 (e)).

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**Figure 4.** Representative recordings of calcium activity in primary hippocampal cultures: (a) intact culture; (b) hypoxia; (c) hypoxia + JZL195; (d) hypoxia + NADA; (e), (f) the main parameters of spontaneous calcium activity on day 7 after hypoxia or glucose deprivation (GD), respectively; the differences are statistically significant (p<0.05) compared with * control, # hypoxia or GD, respectively
The neuroprotective effect of NADA on the oscillation frequency was more pronounced than JZL195 effect (decrease in 1.4 times vs the intact group) and significantly different from the “Hypoxia” group. The duration of calcium oscillations in the NADA group insignificantly increased and amounted to 23.8±7.7 s.

On day 7 after the glucose deprivation modeling, we found a significant decrease in spontaneous calcium activity: only 53.2±5.0% of cells showed the activity, and the frequency of calcium oscillations decreased in 2.2 times up to 0.9±0.04 oscillations per minute (ANOVA, p<0.05). In contrast to hypoxia, glucose deprivation caused a significant (ANOVA, p<0.05) increase in the duration of calcium oscillations in 2 times (38.8±1.5 s) (Figure 4 (f)).

We found that both methods of ECS activation partially prevented the decrease in calcium activity caused by glucose deprivation. The neuroprotective effect of JZL195 manifested in maintaining the number of active cells (80.6±5.8%) (see Figure 4 (f)), and in partially preserving the frequency and duration of calcium oscillations. In the background of JZL195 application the frequency of calcium oscillations in cells decreased in 1.6 times compared to intact cultures (1.3±0.2 oscillations per minute). The duration of calcium oscillations increased in 1.4 times in comparison with intact cultures (9.1±0.3 and 6.6±0.3 s, respectively). In addition, NADA showed a neuroprotective effect. In its presence, 78.1±2.4% of cells exhibited the calcium activity (see Figure 4 (f)). The frequency of calcium oscillations with NADA was lower in 1.5 times than in the intact cultures (1.4±0.4 oscillations per minute). The duration of calcium oscillations was significantly lower as compared with the “Hypoxia” group and did not differ from intact cultures (6.6±0.4 s).

Thus, our study has shown that ECS plays an important role in maintaining the metabolic activity of cells in neural network in ischemia factors influence.

To understand the molecular mechanisms of the NADA and JZL195-induced neuroprotection, we followed the changes in the expression of mRNA CB1 receptor on day 3 after hypoxia modeling. Intravital detection of mRNA CB1 showed that in the primary hippocampal cultures, mRNA CB1 is actively produced by both neuronal and glial cells. Hypoxia caused a slight decrease in the number of mRNA CB1-positive cells (from 73.6±4.3 to 61.1±6.0%). In the “Hypoxia + JZL195” group, the number of these cells was close to that in the intact cultures: 69.1±8.5% (Figure 5 (a)). In the “Hypoxia + NADA” group, the percentage of mRNA CB1-positive cells significantly increased to 95.2±3.5%. Therefore, application of the synthetic endocannabinoid NADA significantly increased the expression of cannabinoid receptors type 1.

Over recent years, experimental evidence supporting the role of HIF-1α in the neuroprotective effect of ECS against the hypoxia-induced damage has accumulated. To follow this line of research, we studied the expression of mRNA HIF-1α in the presence of the tested compounds following the hypoxia modeling. We found that on day 3 after hypoxia, the expression of mRNA HIF-1α increased in 1.9 times compared to the intact cultures (ANOVA, p<0.05): the proportion of mRNA HIF-1α-positive cells in the intact group was 46.2±10.1%, and in the “Hypoxia” group — 87.8±11.5% (Figure 5 (b)). The use of NADA caused a 2-fold decrease in the percentage of cells expressing mRNA HIF-1α (22.3±12.1%, ANOVA, p<0.05). The use of the endocannabinoid biodegradation blocker resulted in a tendency to increasing mRNA HIF-1α expression (63.2±8.2%), although this trend did not reach statistical significance.

Discussion. In the present study, we have found
that activating the ECS with the synthetic cannabinoid analogue NADA or blocking the endocannabinoid biodegradation enzymes results in an anti-hypoxic and a neuroprotective effect on primary hippocampal cells in the modeled ischemia factors influence (hypoxia and glucose deprivation). In addition to the reduced number of dead cells, the ECS activation is able to partially neutralize the detrimental changes in spontaneous calcium activity manifesting in the maintaining of a high number of cells exhibited calcium activity, as well as in partial normalization of the duration and frequency of calcium oscillations. Among the two biologically active compounds, NADA had a higher neuroprotective effect than JZL195. Application of NADA allows preserving the number of cells exhibited calcium activity at initial level and also the frequency and duration of calcium oscillations, which are important for normal functioning of nervous cells.

Our results indicate that cannabinoid receptors type 1 play a key role in the ECS neuroprotection, which is consistent with previous reports [29–34]. Using the method of fluorescent RNA probes for intravital mRNA detection we found that NADA significantly increased the number of detectable mRNA CB$_{1R}$ positive cells. As suggested, the increased CB$_{1R}$ expression allows endocannabinoids to interfere with the cytotoxic cascades induced by hypoxia.

We also examined the possible role of hypoxia-induced factor HIF-1α in the neuroprotective action of ECS. This transcription factor controls the transport of oxygen to tissues and adapts the cell to oxygen starvation by regulating the expression of gene products involved in energy cellular metabolism, glucose transport, apoptosis, erythropoiesis, angiogenesis, and cell proliferation, thereby affecting the interaction not only between cells but also between the cell and the substrate [35]. HIF is a heterodimer that includes the constitutive subunit HIF-β and the subunit HIF-α; the latter has three isoforms, HIF-1α, HIF-2α, and HIF-3α. Expression of HIF-1α depends on the partial pressure of oxygen in the blood and increases with hypoxia [36–38]. The role of HIF-1α in hypoxia has been extensively studied, yet information on possible connection between ECS and HIF-1α has become available just recently. The data of Soler-Torronteras et al. [39] indicate that N-acyl dopamine increases the expression of HIF-1α by cells of primary neuronal cultures under normoxic conditions. The work of Abán et al. [40] showed that the hypoxia-induced increase of HIF-1α leads to a decrease in FAAH expression, and also decreases the viability of trophoblasts. These studies suggest that the change in HIF-1α production could be one of the possible molecular mechanisms of the endocannabinoids neuroprotective effect. Our study showed that hypoxia caused a significant increase in HIF-1α expression, which confirms the previous data [37–39]. Activation of ECS by the tested substances preserves the level of mRNA HIF-1α expression close to the parameters of intact cultures.

Available data concerning the role of HIF-1α in brain adaptation to hypoxia are contradictory. Although a number of studies have shown that HIF-1α stimulates erythropoiesis and angiopoiesis, and thus increase the resistance to hypoxia [41–45], some studies indicate that HIF-1α plays a negative role in adapting the nervous cells to hypoxic conditions [38]. Some authors suggest that HIF-1α is able to activate the proapoptotic p53 gene under conditions of hypoxia [46, 47] or craniocerebral trauma [48]. We believe that the preservation of HIF-1α expression at a stable level is one of the molecular mechanisms of the NADA neuroprotective action and helps prevent the apoptosis induction.

**Conclusion.** The synthetic cannabinoid analogue N-arachidonoyl dopamine (10 μM) and the cannabinoid biodegradation inhibitor JZL195 (1 μM) have neuroprotective effects on primary hippocampal cultures subjected to ischemic factors including the maintaining the cell viability and preservation of spontaneous calcium activity.

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**Conflict of Interests.** The authors declare no conflict of the interests mandatory to be reported.

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